

My decision to pursue the Master of Public Health Program with a concentration in Health Behavior and Education was influenced by my wanting to research and implement intervention policies aimed at providing individuals with direct access to health care services. This choice is also reinforced by the realisation that there are so many unanswered questions about life and living things in general. And while a major in Biology during my undergraduate year did for the most part satiate my growing interest in understanding the origin, growth, structure, and function of living creatures, it also left me yearning for more.

As someone who was inspired to infuse health care concepts in young men and women by integrating health awareness in educational programs and conducting campaigns that would elevate a sense of responsibility for a better well-being, I have over the years prepared myself by completing a Red Cross first aid training session in 2015 and quickly joined a local Red Cross Emergency Medical Services.

Dealing with over two-hundred emergency calls per month with my team, has taught me how to cultivate time management skills, what to do during rescue missions and introduced me to first-aid posts and educational conferences about basic emergency procedures and healthy practices.

Until very recently, I was unsure on which part to take to accomplish all the things I want to or which institution to trust with this dream. But after attending the meeting held by the Faculty of Health Sciences at Coventry University, I realised that I could combine my broad academic background in biology and the skills I gained from my practical experience as a first aid volunteer to engage in a vocation as a public health practitioner.

Furthermore, as a current volunteer at the Red Cross, I intend to take on more responsibilities that would enable me to improve the efficiency of services that the Red Cross provides. And I believe that my studies in public health at Coventry will enlighten my perception of current health issues and provide me with the skills necessary to avert preventable health concerns.

I am confident that the student- friendly and supportive atmosphere at your institute's department of Public Health, reputed for its excellence, will enable me to exhaust and develop my capacities to the full, therefore allowing me to become a successful well-rounded person capable of contributing effectively to my community.

Indeed, the MPH program will be demanding, but I am willing to give it my very best, for I have the solid dedication, maturity, and desire to become a public health practitioner.